



GRAZ 2019

EUROPEAN
ROPE SKIPPING
CHAMPIONSHIPS
18.-23.07.2019





Welcome to Graz

It is a pleasure for us, the Styrian Gymnastics Federation (LTV Steiermark, the regional representation of Rope Skipping within the Austrian Gymnastics Federation), and the sports clubs Sportunion Dobl-Zwaring and Rope Skipping Club Happy Skippers, to be the host of the 4th combined European Rope Skipping Championships (including the 20th European Team Championships and the 13th European Masters), to be held from 18th to 23rd of July 2019 in the "Green Heart of Austria".

We are looking forward to an exciting time with competitions, camps and lots of fun together with you!

Thomas Hayn
LTV Steiermark

Daniela Schwarzl
Sportunion Dobl-Zwaring

Silke Fürnschuß
RSC Happy Skippers

In case you have any question, please don't hesitate to contact us via info@ersc2019.at

Let us also give you some facts about our beautiful host city.

Graz, with approximately 300.000 inhabitants Austria's second biggest city and the capital of the region Styria. The city is a world cultural heritage centre, being hardly touched during the wars of the 19th and 20th century. So you can see buildings that are more than 850 years old as well as state-of-the-art works by internationally renowned architects. In 2003, Graz was the cultural capital of Europe which brought many cultural events and exhibitions to Graz.





Welcome to Graz

Located on the south-east border of the Alps, Graz is well protected against the weather conditions from the west, that are predominant in Central Europe. This gives Graz a Mediterranean influence with more than 2.100 sun hours per year and allows you to see plants in the parks, that regularly grow in southern Europe.

Austria in general is very famous for it's food and the "coffee house culture", going back to the late 19th/ early 20th century. Graz and the region of Styria has some additional specialities like pumpkin products (seeds, oil, soups, etc.), wine (mainly white wine and a special wine called „Schilcher“) and the "Buschenschank". The Buschenschank is a restaurant that is only allowed to serve cold food and drinks from local producers. You won't get a coke or a coffee there, but delicious grape juices, homemade bread and a broad variety of sausages and smoked meat.





The Event Venue

The ASKÖ sports centre

The sports complex is composed of 2 big gyms, a track and field area, a football field and a newly built indoor track and field practice area.



The main gym with wooden floor in the size of a handball field has opened its doors in spring 2014. It offers sufficient locker rooms, seating for 600 spectators, two additional rooms for warm up and physiotherapy, meeting rooms and a Sports Cafeteria.

Note for those arriving by car: there are parking spaces on the street, but they are not free of charge. You can pay at vending machines in the street.





The Hotels

You can choose between two types of accommodation in 2 to 3 hotels (depending on the number of participants). All hotels are within a maximum of 5 minutes walking distance of each other, which allows you to stay in contact with your friends, even if you choose different accommodations.

A&O Hotel/Hostel Graz

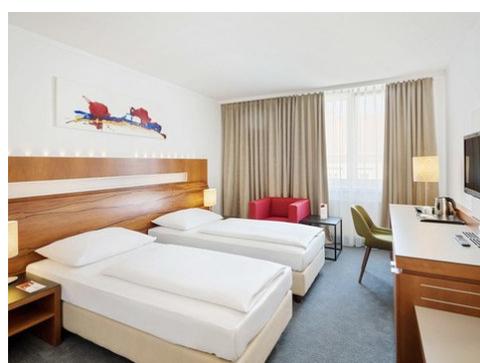
The biggest hotel close to the event venue is the A&O Hotel/Hostel Graz.



The rooms are mainly 4-bed and 6-bed rooms with en-suite toilet and shower. In addition, the hotel offers many socializing areas such as a roof top bar with terrace.

Austria Trend Hotel Europa and Hotel Daniel

As the A&O Hotel/Hostel can not provide 600+ beds for the expected number of guests, we have chosen these two 4* hotels as additional hotels. Both hotels are beside/opposite the main train station.



The Hotels



The rooms are mostly 2-bed rooms with a few 3-bed rooms.



Note: the number of rooms in the 4* hotels is limited. If necessary, these will be allocated according to the number of participants per country.



1 main train station, 2 A&O Hotel/Hostel, 3 Austria Trend Hotel Europa, 4 Hotel Daniel



The Meals

Breakfast will be served in the hotels.

Lunch and Dinner will be at the "Rudolf's Erlebnisbrauerei", 150 m from the ASKÖ Sports Centre.



Even though it looks quite cozy and small, the location can accommodate 280 persons to eat at the same time.

You can choose your meals from a buffet, including salad for lunch and salad and soup for dinner.

Meals for people with special food requirements (vegan, food intolerances, etc.) can be requested via the registration form and will be provided separately, to guarantee that the number of pre-ordered special meals go to the right people.

There are no extra drinks provided in the ASKÖ Sports Centre, but the tap water in Austria is drinkable. So you just need to fill your water bottle.



The travel to Graz

The airport Graz Thalerhof (GRZ) is located 10 km from the city centre and offers connections to Star Alliance hubs (Frankfurt, Munich, Düsseldorf, Vienna, Zürich) and other international destinations like Amsterdam and Berlin.

We will meet you at the airport and guide you to the train station, which leads to the city centre. The airport train station is within 500 m walking distance from the airport.

Once you arrive at the main train station, you will be welcomed there and guided to your hotels.





Where to find what

For easier transport in and around Graz you will receive tickets for public transport by tram/bus. These tickets also include the transfer from/to the airport between 18.07. and 23.07.

To get to the ASKÖ Sports Centre, you can either walk (1,7 to 2,1 km from the hotels) or take the tram.

If you take the tram n° 1, the stop "Schloß Eggenberg" is only 210 m from the entrance of the gym. If you miss this tram, and use the tram n° 7, the stop "Franz-Steiner-Gasse" is 750 m away from the ASKÖ Sports Centre, and a nice walk down a tree lined alley.



1. ASKÖ Sports Centre
2. A&O Hotel/Hostel
3. Austria Trend Hotel Europa
4. Hotel Daniel
5. Erlebnisbrauerei Rudolf's
6. Main train station
7. Tram stops





The Event schedule

Thursday, July 18th

Arrival day

Practice time in the ASKÖ Sports Centre

Time for music check and to get used to the competition floor

Opening Ceremony

ERSO AGM (separate invitation to follow)

Friday, July 19th

ERSO European Youth Tournament Team (12-14)

ERSO Open Team Tournament (15+)

Saturday, July 20th

ERSO European Team Championships (15+)

Sunday, July 21st

ERSO European Individual Youth Tournament (12-14)

ERSO European Masters (15+)

Closing Ceremony

Socializing @Rudolf's (separate invitation to follow)

Monday, July 22nd

IJRU rules presentation (in the morning, so also those departing on this day can attend)

Camp for the youth and not so experienced skippers

High level camp

Departure for the A-4 and B-4 packages

Tuesday, July 23rd

Departure for the A-5 and B-5 packages





The packages

The following packages are available:

Package A-4: 18.-22.07.2019 350 €

- Participation fee for the EC 2019
- Participation in the IJRU rules session
- Hotel accommodation in the A&O Hotel/Hostel
- All meals including Dinner on Thursday, 18th until Breakfast on Monday, 22nd
- Transfer from Graz Airport to the Hotel
- Welcome package
- Free public transport in Graz during the stay

Package B-4: 18.-22.07.2019 430 €

- Participation fee for the EC 2019
- Participation in the IJRU rules session
- Hotel accommodation in the Austria Trend Hotel Europa or the Hotel Daniel
- All meals including Dinner on Thursday, 18th until Breakfast on Monday, 22nd
- Transfer from Graz Airport to the Hotel
- Welcome package
- Free public transport in Graz during the stay

Package A-5: 18.-23.07.2019 400 €

- Participation fee for the EC 2019
- Participation in the ERSO Camp and IJRU rules session
- Hotel accommodation in the A&O Hotel/Hostel
- All meals including Dinner on Thursday, 18th until Breakfast on Tuesday, 23rd
- Transfer from Graz Airport to the Hotel
- Welcome package
- Free public transport in Graz during the stay





The packages

Package B-5: 18.-23.07.2019 510 €

- Participation fee for the EC 2019
- Participation in the ERSO Camp and IJRU rules session
- Hotel accommodation in the Austria Trend Hotel Europa or the Hotel Daniel
- All meals including Dinner on Thursday, 18th until Breakfast on Tuesday, 23rd
- Transfer from Graz Airport to the Hotel
- Welcome package
- Free public transport in Graz during the stay

Additional price for single occupancy (only limited number available, please state your requirements in the estimation form):

Package A-4	112 €	Package A-5	140 €
Package B-4	148 €	Package B-5	185 €

Prices for extra nights (only bed and breakfast), 17th and/or 23rd of July:

A&O Hotel/Hostel	36 € (or 69 € single occupancy)
4* Hotels	60 € (or 100 € single occupancy)

The payment

Deposit of 100 €/person due by March 25th 2019

Final payment and registration due by May 31st 2019

Payment details:	Account holder:	LTV Stmk Rope Skipping EC 2019
	Bank:	Steiermärkische Sparkasse
	BIC:	STSPAT2GXXX
	IBAN:	AT74 2081 5000 4222 8239

Please quote "**EC2019, Country**" (e.g. EC2019, Belgium) as the payment reference text and request your bank to cover **ALL** bank transfer charges.

A single deposit payment and final payment per country please!





The Tickets

Spectators tickets can be purchased directly at the entrance or you can order them online. Just send a mail to info@ersc2019.at

The price per day is 6 €. Price for all three competition days is 15 €.

The policies

Cancellation Policy

100 % before March 25th

50 % before April 30th

25% before May 31st

No refunds will be given on or after May 31st

Insurance Policy

Coaches/heads of delegations will be fully responsible for their teams during the entire stay in Austria.

The host will not provide insurance for the competitors and all other participants. The insurance is under the responsibility of each and every person.

The supports



The event is supported by the Austrian Gymnastics Federation "Österreichischer Fachverband für Turnen"

